

## **POTENTIAL BENEFITS OF THE AMEGA FAR INFRARED THERAPEUTIC BRACELETS**

Far Infrared is thought to be **7 times more effective at detoxifying heavy metals** such as mercury, **aluminum**, and even cholesterol's, nicotine, alcohol, ammonia, sulfuric acid and other environmental toxins, as opposed to conventional heat or steam saunas.

The human body is a reservoir of all kinds of bio-toxins which cannot be expelled immediately and become stored in the body, thereby triggering illness. When toxic gases such as sulfur dioxide and carbon dioxide, or potentially fatal heavy metal toxins such as mercury, lead and chlorine, meet large water molecules, they are encapsulated by clusters of water and trapped in the body. Where these toxins are accumulated, blood circulation is blocked and cellular energy is impaired. However, when a 7 to 11 micron FIR wave is applied to these large water molecules, the water begins to vibrate. This vibration reduces the ion bonds of the atoms which are holding together the molecules of water. As the water evaporates, the encapsulated gas and toxins can be released.

**Toxic overload has been implicated in many health conditions**, from fibrocystic breast disease (FBD) in women to attention deficit hyperactivity disorder (ADHD) in children. Symptoms of toxic overload include fatigue, headaches, joint or muscle pain, frequent colds and flu, signs of allergy and hormonal imbalance, chemical sensitivity, sinus congestion, psoriasis and other skin conditions, loss of dexterity, insomnia and more. Psychological symptoms include poor concentration, memory loss, mood changes, mental confusion and changes in behaviour. - [www.balancedlives.net](http://www.balancedlives.net)

**Dr. Sasaki Kyuo, M.D.** has done extensive research on the therapeutic uses of far infrared therapy. She is the author of "**The Scientific Basis and Therapeutic Benefits of Far Infrared Ray Therapy**" - which presents the clinical effects of far infrared ray therapy.

Besides **cancer**, Dr. Kyuo reports continual successful treatments of many other diseases by use of FIR waves - treatments not only by her but also by many other doctors. The list of diseases - documented in her book - includes stress induced chronic diarrhoea, abdominal distension, ulcerated large intestines, gastritis, facial numbness, haemorrhoids, shoulder, back, and knee pain, rheumatism, hypertension, diabetes, weight loss, breast and abdominal tumours, low blood pressure, asthma, anaemia, burns and scalds, body odour, early onset of baldness, fracture of cervical vertebra, radiation exposure and related diseases.

### **Far Infrared Therapy:**

- Improves micro circulation by exerting strong rotational and vibrational effects at molecular level.
- Enhances the delivery of oxygen and nutrients in the blood cell to the body's soft tissue areas.
- Promotes regeneration and fast healing.
- Increases metabolism between blood and tissue.
- Enhances white blood cell function, thereby increasing immune response and the elimination of foreign pathogens and cellular waste products.
- Removes accumulated toxins by improving lymph circulation which are often at the core of many health problems.
- Stimulate the hypothalamus, which controls the production of neurochemicals involved in such biological processes as sleep, mood, pain sensations, and blood pressure.

## Aging and Far Infrared Therapy

The following health challenges have been reported in Japan to be alleviated or reduced by the use of far infrared therapy:

- Asthma, bronchitis (cleared up).
- Rheumatoid arthritis (7 out of 10 cases resolved in one clinical trial).
- Benign prostatic hypertrophy (reduced).
- Cancer pain (greatly relieved pain in later stages).
- Cirrhosis of the liver (reversed).
- Crohn's Disease (gone).
- Cold hand and feet (a physical therapist discovered 20-50% improvement was maintained).
- Cystitis (gone).
- Duodenal ulcers (eliminated).
- Compression fracture pain.
- Gastritis (relieved).
- Haemorrhoids (reduced).
- Hepatitis (gone).
- High blood pressure (in the case of a diabetic a systolic decrease from 180 to 125 + concurrent weight loss).
- Keloids (significantly softened and, in some cases, completely gone).
- Leg ulcers (healed when previously static and resistant to other care).
- Menopause.
- Pain preventing sleep or limiting sleeping positions (relieved).
- Post-surgical adhesions (reduced).
- Radiation sickness (relieved signs and symptoms).
- Sequel of strokes (Hemiparesis relieved over time).

***Dr. Masao Nakamura of the O and P Medical Clinic in Japan reports success with the use of far infrared heat treatment for the following:***

- Acne.
- Arthritis.
- Ear Diseases.
- Gastroenteric Problems.
- Insomnia.
- Menopause.
- Whiplash.
- Sciatica.
- Shoulder Stiffness.

## Musculo-skeletal

Success has been reported from infrared treatments by Japanese researchers for the following musculo-skeletal conditions:

- Arthritis, Gout, Rheumatoid, DJD (each substantially relieved or improved).
- Adhesions (common in competitive athletes, trauma, and repetitive stress syndromes).
- TMJ Arthritis.
- Acel-Decel Injury Sequelae.
- Low-Back Pain (relieved).
- Bursitis (eliminated).

- Brain Contusion (accelerated healing).
- Disc-Protrusion Related Neuralgia.
- Compression Fractures (in one situation pain stopped for three days with one treatment).
- Muscle Tension (relaxed).
- Muscle Spasms (reduced or eliminated).
- Post-Exercise Muscle Pain (good results - vital to competitive athletes).
- Shoulder pain (relieved or improved).
- Spinal Chord Shock (reversed post traumatic shock).
- Tight Shoulders (more relaxed).
- Traumatic Arthritis.

## **Ear, Nose, and Throat Conditions**

The Japanese report the following ear, nose, and throat conditions relieved with far infrared heat treatments:

- Body Odor.
- Chronic middle-ear inflammation of infection.
- Clogged pores (unplugged of cosmetics, unexcelled skin texture and tone).
- Dandruff (increased blood flow through the scalp).
- Eczema and Psoriasis (respond well).
- Lacerations (healed quicker with less pain and scarring).
- Nettle rash.
- Nose bleeding (reduced).
- Skin Conditions (improved).
- Teenage skin problems (clearing acne and blackheads).
- Poor skin tone - Scars and pain from burns or wounds (decreased in severity and extent).
- Sore throats.
- Tinnitus (chronic severe case cleared with 10 infrared treatments).
- Used routinely in burn units throughout Asia.